



## Welcome to the new site!

**By Lauren**

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We're really pleased you've stopped by. The site has been completely overhauled; it's different from the inside out, in pretty much every way.

Your Very Dedicated Web Team (Melissa, Lauren, Julie, and Kristy) redesigned this site with one goal above all others; to make the information that women need, on each different phase of their journey, easy to find, easy to understand, and easy to follow up on. We want to enable women to find the tools they need for the decisions they face about their care and treatment.

Please let us know how we've done, and send us any suggestions you have for other ways we can meet your needs.

Thanks for visiting!

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[style="width:0;height:0" name="mfrpublications">" target="\\_blank">Lauren Hudson, Publications Director, ICAN](#)



~~Melissa Collins, Webmaster, ICAN

~~Julie Hathaway, Designer, [Pilcrow Text & Design](#)

~~Kristy Hansen, Graphics, ICAN

~~All the valiant volunteers!

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## VBAmultipleC

Just in time for ICAN's new site release is the debut of ICANvoices' newest video!

A video montage of women who gave birth vaginally after multiple Cesareans. There are moms who'd had 2, 3, and 4 previous surgical deliveries; some went on to deliver in the hospital and others at home.

Studies have shown VBAmC to be a safe and reasonable option. For more information:

- Read this [2006 study](#) which addresses the safety of a trial of labor in women after multiple and single prior cesareans.
- See the VBAmC information on the [Plus-Size-Pregnancy](#) website. It has excellent pregnancy and childbirth information for women of all sizes.



- Contact [ICAN](#)

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