



Who is ICAN?

The International Cesarean Awareness Network (ICAN) is a 501c3 non-profit advocacy and support organization whose mission is to improve maternal and child health by reducing preventable cesareans through education, supporting cesarean recovery and advocating for vaginal birth after cesarean. ICAN offers support and information to people across the world through social media, conferences, webinars, local chapters, and email lists. We share evidence based information, using the latest research that is accessible to consumers and their providers.

CONSUMER ADVOCACY:

ICAN supports families as they work to advocate for themselves. With cesarean rates at all time highs, we must now assume more responsibility for our own births. Organizationally, ICAN advocates on behalf of families in our across the world by having critical conversations with international and regional organizations, researchers, policy makers, administrators, and birth professionals. ICAN works to make sure **consumer voices** are heard and that key decision makers can better understand the often complicated issues surrounding cesarean and VBAC.

MEMBERSHIPS:

Although they are not required to attend meetings, memberships allow ICAN to continue to exist and have chapters. Consider becoming a sustaining member to **keep this valuable resource available** to anyone that needs it. A portion of your membership can be designated to your local chapter and helps the families of your community.

- **Professional memberships**
- **Individual memberships**
www.ican-online.org/JOIN

BIRTH TRAUMA AWARENESS:

ICAN seeks to raise awareness of birth trauma in order to facilitate **empathy and understanding** for people who are coping with the after effects of a traumatic birth.

PEER TO PEER SUPPORT:

ICAN chapters are the heart of our organization. Across the world they host free in-person support meetings. Each community meeting has a different style, but the topics all center around our mission. These meetings give options for discussing birth experiences with other people who “get it”. Research has shown benefits to peer led support groups. **One of ICAN’s most important roles is to support and facilitate our chapters.**

AWARENESS CAMPAIGNS:

February: CBAC Awareness Month

April: Cesarean Awareness Month

October: Accreta Awareness Month

Support@ican-online.org
www.ican-online.org
www.facebook.com/ICANonline