

[Your Name]
[Your address]
[Your email address]
[Date]

[Hospital Name]
[Hospital Address]

This letter is to serve as my formal grievance in regards to the Vaginal Birth After Cesarean (VBAC) ban at [Hospital Name].

I am [X] weeks pregnant, after [X] prior cesarean(s). I have been preparing and planning for a Vaginal Birth After Cesarean. I am aware that [Hospital Name] has chosen to mandate surgery for all patients birthing after a prior cesarean. I do not consent to a mandated cesarean section, and therefore am filing a formal grievance to assert my right to decline a preventable surgery.

I understand and acknowledge that I have the right to give informed consent or informed refusal for all procedures, including preventable surgeries. I do not have the resources to travel to another hospital to give birth. I will be birthing at [Hospital Name], so I am looking for a resolution in the form of:

1. Formal review of [Hospital Name]'s informed consent procedures.
2. Formal review of [Hospital Name]'s informed refusal procedures.
3. Formal review of [Hospital Name]'s cesarean section rates.
4. Formal review of [Hospital Name]'s policies regarding mandated surgeries.

Correspondence regarding official resolution can be sent to the contact information listed above. I am prepared to escalate this grievance according to the steps set out by the Joint Commission.

Sincerely,

[Your handwritten signature]

[Your typed name]